



How To Aspirate A Needle Properly

Some people perform prescription injections from the comfort of their own home. This can save time and money from visiting a doctor's office. However, an important part of injecting medicine is aspirating a needle prior to releasing the fluid. Doing this properly will protect you from unwanted side effects and infection.

Why Aspirate a Needle?

Aspiration means to draw breath, or air from a needle. This simple process can make a big impact though. It protects you from hitting a blood vessel or artery and accidentally injecting fluid into one, which can result in a variety of different side effects.

Nausea, coughing spells, dizziness, increased heart rate, and in some cases, coma or death can occur as a result of not aspirating a needle properly. Aspirating a needle is a quick and easy process that should be performed prior to injecting. You should never skip it. Doing so puts your health at risk. While it is difficult to hit an artery or blood vessel with a needle, it is still a potential hazard that should not be taken lightly. If you use long needles, you are at a higher risk of accidentally injecting into a vessel or artery..

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Once you have found your injection site, sanitized it, and prepped it, you can slowly insert your needle as normal. Do not release any fluid into the injection site though. Slowly pull back on the syringe for about three seconds to aspirate the needle. If any blood comes into the syringe, you will need to remove the needle and find a new injection site. Blood is a sign that you have hit a blood vessel or artery, and should not proceed with an injection. Do not reuse the same needle, as this can lead to infection.

Always practice good sanitation when handling needles to avoid health complications. At Bulk Syringes, you can find a variety of different accessories such as alcohol prep pads and sharps containers. These items are necessary for your safety.

Aspirating a needle is a very simple process that must be done prior to any injection. Keep yourself safe and healthy with this easy method on how to properly aspirate a needle.

